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## Interdisciplinary Studies (IS)

**IS 001** **College Success** (3)  
*Class Hours:* 54 Lecture P/NP  
*Transfers to:* UC/CSU

IS 001 is a course which assists students in obtaining skills and knowledge necessary to reach their educational, career and life objectives. Topics to be covered include orientation to college, motivation, memory development, physiological wellbeing, study skills/techniques, career-life planning, and financial literacy, and skills for dealing with personal issues, interpersonal relationships in addition to other life challenges that students encounter throughout the various stages of their life.

**IS 002** **Career Planning** (1)  
*Class Hours:* 18 Lecture P/NP  
*Advisory(s):* ENG 110B  
*Transfers to:* UC/CSU

IS 002 examines the career development process and teaches students a quantifiable decision-making process that will help them identify and plan for their career/life planning and educational goals. The course focuses on self and career exploration, as well as identifying an educational pathway to achieve desired professional goals. Students will identify their interests, values, skills, and personality types as they relate to career/life planning and educational goals.

**IS 020** **Ensuring Transfer Success** (1)  
*Class Hours:* 18 Lecture  
*Transfers to:* UC/CSU

IS 020 provides in-depth information and assistance with the transfer process from community college to 4-year colleges/universities. Given their academic and career objective, students will explore transfer requirements through active participation in research and planning. Lower-division major and general education requirements, college/university selection, admission procedures, application deadlines, financial aid and scholarship information will be covered.

**IS 051** **Portfolio Development** (1)  
*Class Hours:* 18 Lecture P/NP

IS 051 prepares students for the opportunity to earn college WHCC course credit for prior learning acquired through on-the-job training, independent study, or volunteer and personal experiences. Students reflect on their learning experiences and develop a portfolio to showcase their learning and mastery of the material.

**IS 053** **Job Readiness** (2)  
*Class Hours:* 36 Lecture

IS 053 examines the employment process and teaches students to successfully apply and compete for legitimate and viable jobs. Professional resume, cover letter, and interview skills are mastered. The evaluation of job-seeker expectations and responsibilities as well as employer-anticipated 21st-century employability/core skills enhance students ability to acquire a job, remain employed, and further their careers.

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