
Kinesiology (KINES)

KINES 046

Care & Prev of Athletic Injur

(3)

Class Hours: 36 Lecture | 54 Laboratory

Transfers to: UC/CSU

Care and Prevention of Athletic Injuries

KINES 046 is designed for prospective coaches, athletic trainers, and health and physical education instructors. Aids in the recognition, evaluation, and care of athletic injuries. Techniques in taping, prevention, and rehabilitation of injuries.
