

Life Skills

Life Skills - Local Certificate

The Life Skills Certificate is intended primarily for students with intellectual disabilities. The goal for this program is to increase the independence, self-determination, and quality of life for students with intellectual disabilities.

The Life Skills Certificate offers general background in transition to college, life skills and personal growth, basic computer skills, adaptive English and math, study skills, financial literacy, time management skills, etc.

In order to complete the Life Skills Certificate, students must complete the minimum 10 required units. Upon completion of this program, students will earn a local certificate of completion.

Program student learning outcomes:

1. Students will utilize a computer, computer programs, and assistive technology software.
2. Students will read, write, and edit college level documents.
3. Students will navigate the college campus, the WHCC website, the student portal, and LMS.
4. Students will solve pre-algebra math problems.
5. Students will demonstrate knowledge of basic life skills and react appropriately to life emergency situations.

Recommended Course Sequence: **Life Skills Local Cert.**

<i>Course #</i>	<i>Title</i>	<i>Units</i>
Required Core Courses (6.5 Units)		
GS 100.....	Transition to College for Students With Disabilities	0.5
GS 102.....	Guidance Studies Math	1
GS 103.....	Guidance Studies Reading and Writing	1
GS 104.....	Adapted Computer Literacy	1
GS 105.....	Consumer Skills	1
GS 106.....	Independent Living Skills	1
GS 061.....	Guidance Studies Content Area Support	1
	Total	6.5